

## BAND TIPS: Radio Stations



### Northern Ireland

Name:	email:
BBC Radio Foyle	
BBC Radio Ulster	ni_news@bbc.co.uk
Frequencies: 92.4-95.4FM	jacquie.henriette@citybeat.co.uk
Cool FM	music@coolfm.co.uk
Frequency: 97.4FM.	news@downtown.co.uk
Q101.2FM	reception@q101west.fm
Q102.9FM	manager@q102.fm
Q97.2FM	gm@qradionetwork.fm
Seven FM	info@sevenfm.co.uk, bryan@bryangallagher.com
Six FM	james.devlin@nothernmediagroup.com
U105	news@u105.com

### National

Name:	email:
100-102 Today FM	100-102@todayfm.com
2XM	
4FM	info@4fm.ie
Newstalk 106-108 FM	info@newstalk.ie
RAIDIÓ NA GAELTACHTA	rnag@rte.ie
RTÉ 2FM	info@rte.ie
RTÉ Lyric FM	julie.knight@rte.ie, prpromotions.lyricfm@rte.ie
RTÉ Radio 1	info@rte.ie, newsdesk@rte.ie



### Local

Name:	email:
98FM	info@98fm.com, firstname.lastname@98fm.com
Beat 102-103FM	news@beat102103.com, gabrielle.cummins@beat102103.com
C103FM	info@c103.ie, music@c103.ie
Clare FM	info@clarefm.ie
Cork's 96FM	info@96fm.ie
Cork's RED FM 104-106	info@redfm.ie
East Coast FM	mail@eastcoast.fm
FM 104	sales@fm104.ie
Galway Bay FM	info@galwaybayfm.ie, keith@galwaybayfm.ie
Highland Radio	enquiries@highlandradio.com
iRadio	info@iradio.ie
KCLR 96FM	info@kclr96fm.com
KFM	info@kfmradio.com
Limerick's Live 95 FM	mail@live95fm.ie
LM FM	info@lmfm.ie
Mid West Radio	studio@midwestradio.ie
Midlands 103	info@midlandsradio.fm
Northern Sound Radio	info@northernsound.ie
Ocean FM	studio@oceanfm.ie
Q102	info@Q102.ie
Radio Kerry	news@radiokerry.ie
Radio Nova 100	info@nova100.ie
Shannonside 104FM	info@shannonside.ie
South East Radio	info@southeastradio.ie
Spin 1038	info@spin1038.com
Spin South West	info@spinsouthwest.com
Sunshine 106.8	mail@sunshineradio.ie
Tipp FM	reception@tippfm.com
WLR FM	reception@wlrfm.com, studio@wlrfm.com